

WHAT IS ENDOMETRIOSIS?

1 in 10

Endometriosis is a chronic and painful disease that affects about **1 in 10 women** of reproductive age.

It occurs when tissue that acts a lot like the lining of your uterus—called endometrium—starts growing outside of your uterus, where it doesn't belong.

These out-of-place growths, called lesions or implants, can cause severe pain and inflammation throughout the month.

ARE YOU EXPERIENCING ANY OF THE FOLLOWING SYMPTOMS?

(check all that apply)

- Painful periods
- Pelvic pain in between periods
- Pain with sex

These are the 3 most common symptoms of endometriosis. There are many others associated with endometriosis, but each woman's experience will be different.

HOW WOULD YOU DESCRIBE YOUR PAIN?

(check all that apply)

- My pain has gotten worse over time
- My pain has affected school or work
- My pain has affected plans with family or friends
- Other: _____

If you've checked off any of the above, discuss these and any other symptoms, impact to your day-to-day activities, and any concerns with your gynecologist.

Visit [SPEAKENDO.com](https://www.speakendo.com) today

Learn how to
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THE GO-TO RESOURCE FOR ENDOMETRIOSIS

Learn how to fully express your symptoms, advocate for your own care, and meet others who've been there.

Find all this and more:



Inner Workings of Endometriosis

Understanding endometriosis can be difficult. Watch the video to learn more about the disease and why it hurts



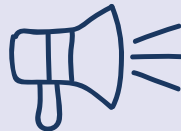
Tips and Stories

Get tips from other women living with endometriosis. You can also help someone else by sharing your own story



Video Library

Want to learn more about endometriosis? And hear directly from women about how it's affected them? A selection of videos is available



Doctor Discussion Guide

Learn how to SpeakENDO to your gynecologist with this interactive resource

Visit **SpeakENDO.com** for more resources that can help you SpeakENDO to your gynecologist