

IBI INSIGHT

Providing unbiased insights and resources to help manage health and productivity at work



RESEARCH

Explore IBI's independent research on the most timely, compelling issues affecting health and productivity.



TOOLS

IBI's analytic tools help you benchmark and assess benefits program performance.



UPDATES

Check IBI's latest news, updates, and media highlights here.

EVENTS

Join the IBI community of 1,200+ employers and industry partners for various networking and educational opportunities.

[BECOME AN IBI MEMBER TODAY.](#)



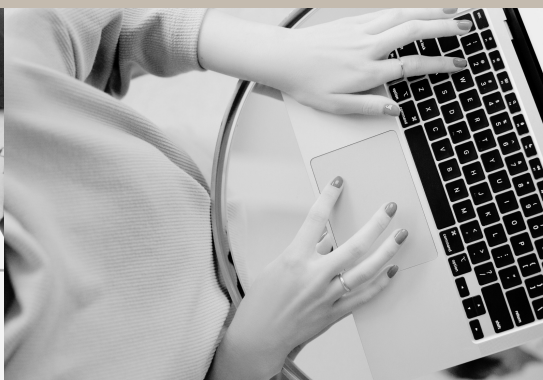
Recent research publications to help employers & industry partners make sound decisions on issues affecting health and productivity.



How Employers Can Mitigate Health Disparities Among Black Americans



Blog: IBI's 2022 Research Priorities Include Mental Health, Wellbeing, Benefit Design and More



Blog: 5 Crucial Steps Toward Data-Driven Decision Making



Member Study: Americans say flexible work is more important than career progression

IBI Research Review

This monthly newsletter pulls together the latest peer-reviewed research on workforce health and productivity.

February's edition discussed mental health, pain management, presenteeism, and more.





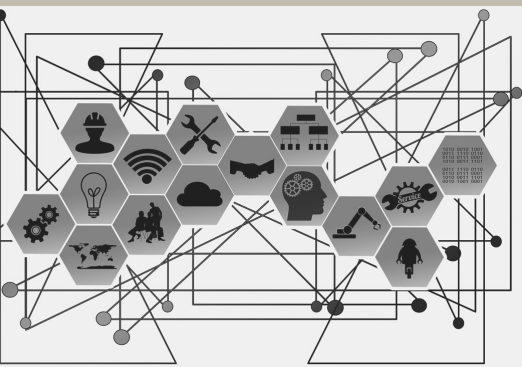
IBI TOOLS

Assess benefits program performance and understand the health status and productivity level of the workforce



Disability and Leave Benchmarking

Access the nation's largest disability/leave database of over 9M claims from 100,000 employer policies. Customize reports to compare outcomes with industry peers.



Disability Diagnosis Analyzer

Illustrate the disability burden of illnesses or conditions, providing the average incidence rate, costs, and duration of leave.

Full Cost Estimator

Model the costs of poor health in the workplace, including absence, disability, presenteeism and opportunity costs all in a single online tool.

Medication Adherence Savings Calculator

Recognize how adherence with medications reduces health care and lost productivity costs

Interactive Map: COVID-19 Employer Paid Leave Costs

View modeled disability and leave costs associated with confirmed COVID-19 cases by state or metro area. The data in the map is updated weekly.



Read the highlights below to see what is new at IBI and what is upcoming. Check out where IBI's work has been featured as well.

Evaluating Workplace Health Programs

IBI's latest analysis found that only 46% of worksites offer some type of health program to employees, and smaller worksites were less likely than larger ones to offer most programs. Evaluation of the programs is critically important to their success, however, only 23% of worksites collect data to evaluate success, and half use data to decide which programs to offer.



EVALUATING WORKPLACE HEALTH PROGRAMS

From Research to Practice

KEY FINDINGS

The likelihood of delivering the best possible performance in the workplace and controlling health care expenditures is heightened by optimal health and evidence-based interventions.

46% of worksites offer some type of health program

23% of worksites collect data to evaluate program success

25% of worksites collect data to decide which programs to offer

Workplace Health Programs Infographic

Highlights from IBI's recent analysis of workplace health programs are featured in an infographic. Employers are not measuring critical metrics for success such as absenteeism, presenteeism and turnover, which can be driving factors to gain leadership support. Offering workplace health programs provides a competitive edge, and can help with employee retention and attraction.

Less than half employers offer health programs: Report

IBI's latest analysis of workplace health programs was featured in *People Matters*. "Surprisingly, I found that many employers do not have a measurement strategy for the success of their workplace health programs," IBI Researcher Carole Bonner said.



IBI EVENTS

Our events bring together a community of 1,200+ employers and industry partners for various networking and educational opportunities.
[Interested in becoming a member?](#)

September 28-29, 2022

IBI-Conference Board Health & Productivity Forum

Annually convenes 400+ thought leaders, employers, and industry partners to explore innovative solutions in managing the whole picture of health, well-being, productivity, and business performance. This event will take place at the Chicago Marriott Marquis.



January 26, 2022

Webinar: Mind, Body, and Wallet: Workforce well-being in the pandemic era

IBI President Kelly McDevitt and fellow industry speakers participated in a webinar with Guardian Life on the topic of how the mental, physical, and financial health of working Americans has been impacted, and what role employers are playing in the workforce's well-being.

November 4, 2021

Webinar: Prioritizing Mental Health in the Workplace

IBI's research delved into the impact of Covid-19 on the mental health of the US workforce. Employers discussed challenges, and how the current pandemic has impacted their strategies. Watch the recording now.

