

LEAVE OF ABSENCE TRENDS

MAY 2025

Zoram Blancas-Ruiz
Director, Benchmarking & Analytics
Integrated Benefits Institute
zoramb@ibiweb.org





WHAT CAN YOU GET FROM US?



Research



Data



Tools



Learning Opportunities

- Assess the impact of disability and absence on employee productivity.
- Leverage investments in employee health for a competitive edge.
- Align health benefit strategies with business goals.





INDUSTRY LEADING BENCHMARKING

Access to industry-specific benchmarking reports from the nation's largest leave and disability carriers. Our database includes claims from over 100,000 employer policies



13 Data Suppliers



9M Claims & Leaves



1,500+ Industry Groups





LEAVE OF ABSENCE BENCHMARKING

5.0K Employers



20.3M Covered Lives



3.4M Leaves





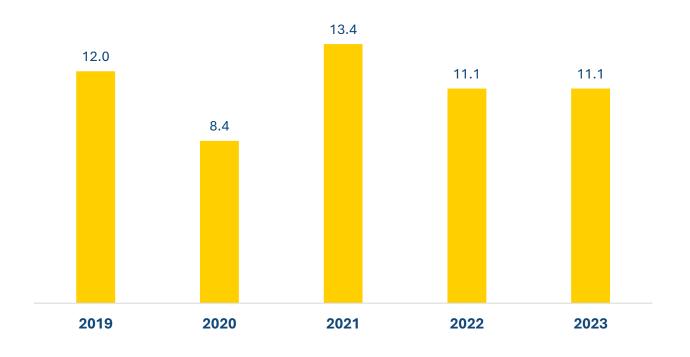


LEAVE OF ABSENCE PREVALENCE OVER THE YEARS

Pre-pandemic vs. postpandemic trends

- 2020 trends—30% decline in LOA prevalence
- Post-2020 trends—60% then
 32% increase in LOA
 prevalence

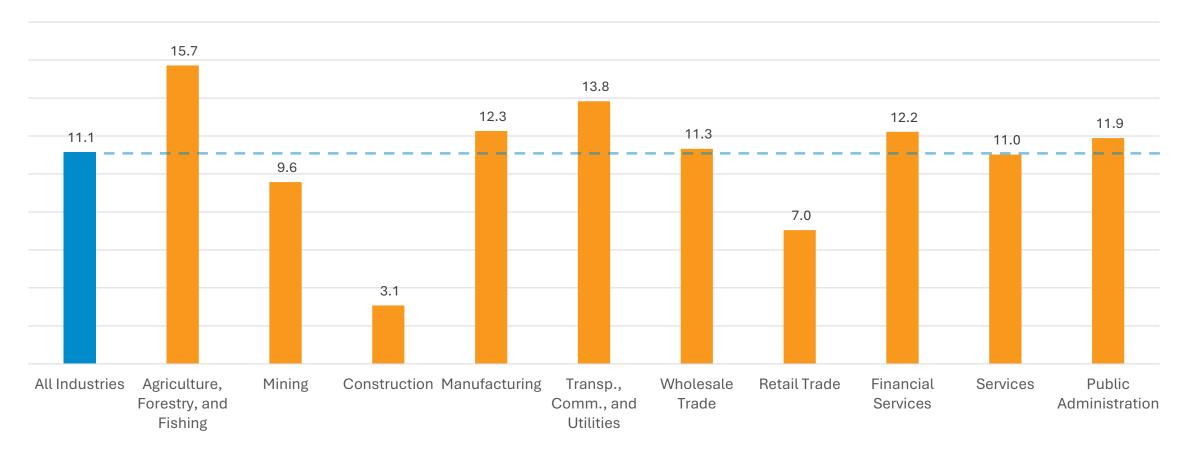
New Claim Incidence per 100 lives







2023 BENCHMARKING INDUSTRY PREVALENCE COMPARISON







CONTINUOUS, INTERMITTENT, CONCURRENT?

Continuous **79%** Concurrent 63% New Claims Incidence Intermittent per 100 lives 20% 11.1 Standalone 37% Reduced Schedule 1%





DECODING LEAVE TRENDS

- Own Serious Health Condition and Care of Family Member declined
- Maternity & Bonding for Females increased by 29%
- Maternity & Bonding for Males increased by 87%

