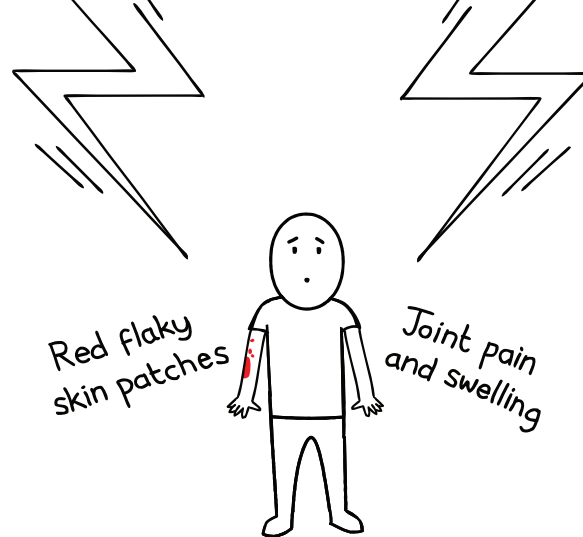


# Psoriatic arthritis.

It's a double whammy.



## What is psoriatic arthritis (PsA)?

It's a chronic inflammatory disease that attacks your skin on the outside and your joints on the inside. It's a double whammy—and it could lead to irreversible joint damage.

## What causes it?

The inflammation of PsA is caused by an abnormal response of your body's immune system, which may result in both red flaky skin patches known as plaques, as well as joint pain and swelling. Typically, 85% of people with PsA develop skin symptoms first.

## What are some of the symptoms?

If you have PsA, you may have both skin symptoms and joint pain. Specifically, you may experience red flaky skin patches known as plaques, swollen fingers and toes, tender swollen joints, reduced range of motion, morning stiffness, general fatigue, and changes to the nails (pitting or separation from the nail bed).

## How can I find out if I have it?

Talk to your doctor about your symptoms. Your doctor may want to refer you to a rheumatologist who can help with a diagnosis. A rheumatologist is an expert on both the diagnosis and management of PsA.

## What are some of the different types of treatment?

Treatment for PsA may include:

- Nonsteroidal Anti-Inflammatory Drugs (NSAIDs)
- Corticosteroids
- Disease-Modifying Antirheumatic Drugs (DMARDs)
- Biologic treatments

Talk to your doctor to learn more.

Visit [DoubleWhammyInfo.com](https://www.doublewhammyinfo.com) and take the Symptom Quiz.

[Click here to add logo](#)