



# My Personal Medications List

What medications are you currently taking? Share this information with your doctor or rheumatologist.

## My Medications List

Keeping an up-to-date list of all the medications you take on a regular basis can help your doctor or rheumatologist treat your rheumatoid arthritis (RA). List all of the medications that you take below. Be sure to include over-the-counter medicines, herbal remedies, and supplements.

Medication Name (include generic)	Dose (such as 5 mg)	How Often? (such as daily or 3x/day)	Prescriber/Doctor Who Ordered?	Reason for Taking?

## Allergies to Medications

Use the following chart to list any allergies you may have to medications.

Medication Name	Reaction

Bring this list to your next appointment. Together, you and your rheumatologist can find a plan to manage your RA.